

Suggested Reading List

BOOKS ON GRIEF AND LOSS

The Grief Survival Handbook: A Guide from Heartache to Healing

by local Richmond Hill, GA physician D. Keith Cobb, MDA

Comforting Those Who Grieve, by Doug Manning

The Courage to Grieve, by Judy Tatelbaum

Don't Take My Grief Away, by Doug Manning

Facing Death & Grief, published by Prometheus Books

Good-bye, My Son, Hello, by Adolfo Quezada

Good Grief by Lolly Winston

Grief, Dying and Death, by Therese A. Rande

Grief Work, by Juanita Ponce-Montoya

How it Feels When a Parent Dies, by Jill Krementz

In the Midst of Winter, Selections from the Literature of Mourning, by
Mary Jane Moffat

Living When a Loved One has Died, by Earl A. Grollman

Loss and How to Cope with it, by Joanne E. Berstein

Recovery from Bereavement, by C. M. Parkes

The Stages of Sorrow, by Kathleen Smith

The Year of Magical Thinking by Joan Didion

Suddenly Single, by Jim Smoke

The Warming of Winter, by Maxine Dowd Jensen

Unattended Sorrow – Recovering from Loss and Reviving the Heart by
Stephen Levine

What Happened to you Happened to Me Too, by Mary A. Kjosness & Laura
A. Rudolph

When Bad Things Happen to Good People, by Harold S. Kushner

Widow, by Lynn Caine

Widow's Guide to Living Alone, by Judith Fabisch

Widow to Widow, by Phylis R. Silverman, Ph.D.

The Widower, by Jane Burgess Kohn & Willard K. Kohn

BOOKS FOR CHILDREN

The Fall of Freddie the Leaf, by Leo Buscaglia
Everett Anderson's Goodbye, by Lucille Clifton
Thumpy's Story, A Story of Love and Grief Shared, by Nancy C. Dodge
Gran-Gran's Best Trick, by L. Dwight Holden
Aarvy Aardvark Finds Hope, by Donna O'Toole
The Kid's Book About Death and Dying By and For Kids, by Eric Rofes, et.al.
The Saddest Time, by Norma Simon
This Thing Called Grief: New Understandings of Loss by Thomas M. Ellis
I'll Miss You, Mr. Hooper, by Norman Stiles
The Tenth Good Thing About Barney, by Judith Viorst
Lifetimes, by Bryan Mellonie and Robert Ingpen
The Invisible String, Patrice Karst
Badger's Parting Gifts, by Susan Varley
Tear Soup, by Pat Schwiebert and Chuck DeKlyen

BOOKS FOR PARENTS & PROFESSIONALS TO HELP CHILDREN

Explaining Death to Children, by Earl A. Grollman
Talking About Death: A Dialogue Between Parent and Child, by Earl A. Grollman

ADULTS HELPING CHILDREN & TEENS WITH ANTICIPATORY GRIEF

A Tiny Boat at Sea: How to Help Children Who Have a Parent Diagnosed with Cancer by Izetta Smith
Can I Still Kiss You? Answering Your Children's Questions About Your Cancer by Neil Russell
How to Help Children Through a Loved Ones' Serious Illness by Kathleen McQueu and Ron Bon
Raising an Emotionally Healthy Child When a Parent is Sick by Paula K. Rauch, M.D. and Anna C. Muriel, M.D.
When a Parent Has Cancer by Wendy S. Harpham

ADULTS HELPING BEREAVED CHILDREN & TEENS

After a Parent's Suicide: Helping Children Heal by Margo Requarth, MFT
But I Didn't Say Goodbye: For Parents and Professional Helping Child

Suicide Survivors by Barbara Rubel

Guiding Your Child Through Grief by Mary Ann and James P. Emswiler

Helping Children Cope with the Loss of a Loved One: A Guide for Grown-ups by William Kroen and Pamela Espeland

It's Okay to Cry: A Parent's Guide to Helping Children Through the Losses of Life by H. Norman Wright

Part of Me Died Too by Virginia Lynn Fry

When Children Grieve by John James and Russel Friedman

ADULT SUPPORT/ANTICIPATORY GRIEF, CAREGIVING & BEREAVEMENT

Caregiving: The Spiritual Journey of Love, Loss and Renewal by Beth Witrogen McLeod

Death in Slow Motion: A Memoir of a Daughter, her Mother, and the Beast Called Alzheimer's

by Eleanor Cooney

Disenfranchised Grief: New Directions, Challenges, and Strategies for Practice

by Kenneth J. Doka, Editor

Dying Well by Ira Byock, M.D.

Final Gifts: Understanding the Special Awareness, Needs and Communications of the Dying

by Maggie Callahan and Patricia Kelley

Fireflies – Nothing can Ease the Pain of Losing a Beloved Child. Nothing but a Miracle

by David Morrell

Good Grief by Lolly Winston

Grace and Grits: Spirituality and Healing in the Life and Death of Treya Killam Wilber

by Ken Wilber

Hand Book for Mortals – Guidance for People Facing Serious Illness by Joanne Lynn, M.D.

Hannah's Gift – Lessons From a Life Fully Lived by Maria Housden
If Only I'd Had This Caregiving Book by Maya Hennessey
Learning to Sit in the Silence: A Journal of Caregiving by Elaine Marcus Starkman

Living with Grief: Before and After the Death edited by Kenneth Doka, Ph.D.

Living with Grief: When Illness is Prolonged edited by Kenneth Doka, Ph.D.

Refuge: An Unnatural History of Family and Place by Terry Tempest Williams

Smiling Through Your Tears: Anticipating Grief by Harriet Hodges, BS, MA & Lois Krahn, M.D.

The Courage to Grieve by Judy Tatelbaum

The Four Things That Matter Most by Ira Byock, M.D.

The Year of Magical Thinking by Joan Didion

This Thing Called Grief: New Understandings of Loss by Thomas M. Ellis

Tibetan Book of the Dead: First Complete Translation edited by Graham Coleman &

Thupten Jinpal Gyurme Dorje translator

Tuesdays with Morrie by Mitch Abom

Unattended Sorrow – Recovering from Loss and Reviving the Heart by Stephen Levine

Unraveled by Maria Housden

What Remains: A Memoir of Fate, Friendship and Love by Carole Radziwill